

## Media release

# Get involved in shaping emotional wellbeing and mental health services for Children and Young People in Surrey

5 December 2018

**Are you a Child or a Young Person who has experience of emotional or mental health difficulties?**

**Do you care for a Child or a Young Person who has experience of emotional or mental health difficulties?**

**Do you work with Children and Young People?**

If yes, there is an opportunity to get involved in shaping and designing services for Children and Young People in Surrey to address emotional wellbeing and mental health needs.

Surrey County Council and Surrey's Clinical Commissioning Groups<sup>1</sup> are holding a series of workshops for children, young people, parents, carers and all those who work with children and young people in their various roles and professions, to join an open and honest discussion about the future of emotional wellbeing and mental health services for children and young people across Surrey. We want everyone to be a part of the re-design and planning of these services.

The series of workshops will run between 14 January and 22 January 2019 in locations across the county including Staines, Ewell, Caterham, Dorking, Woking, Godalming and Farnham. They will be tailored for different groups and will provide an opportunity for everyone to contribute to the way emotional wellbeing and mental health support and care is provided for children, young people, families and carers.

The daytime and evening sessions will allow people to talk about their hopes and concerns regarding the emotional wellbeing and mental health service, identify the challenges and focus on what good care for our children and young people could look like.

Sumona Chatterjee, Executive Director of Strategic Commissioning, Surrey Heartlands CCGs said: "It is essential for commissioners to listen to a wide range of people at an early stage to help shape the services we are going to commission. The views of children, young

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<sup>1</sup> NHS Guildford and Waverley CCG | NHS Surrey Downs CCG | NHS North West Surrey CCG | NHS East Surrey CCG | NHS Surrey Heath CCG | NHS North East Hampshire and Farnham CCG

people and their families will be integral to the design of services that meet emotional wellbeing and mental health needs; it is a high priority for us all.

“We know that current services are not keeping pace with the growing demands for emotional and mental health care amongst the younger generation. We need to do some things differently and would like to test our thinking with our key stakeholders in this series of workshops.”

Dave Hill, Executive Director for Children, Families and Learning, Surrey County Council added: “Effective partnership working is essential so that everyone who works with, or is involved in the life of the child or young person – including family members, teachers, GPs, social workers, health care professionals, youth workers and other practitioners – contributes to the future model of care. Our aim is to promote and improve the emotional wellbeing and mental health of all children and young people in Surrey.”

Views captured from the workshops will be incorporated into the planning of future service specifications. Details of feedback captured in the sessions will be published.

If you would like to attend any of the workshops between 14 January and 22 January 2019 you can register your interest via [Eventbrite](#), by text 07917 087560 or by emailing the team at [gwccg.info@nhs.net](mailto:gwccg.info@nhs.net)

Alternatively, details about the events are available on the following websites:

- [NHS Guildford and Waverley CCG](#)
- [Surrey County Council](#)

...ENDS...

### **Note to editors**

Register interest to attend via [Eventbrite](#) by text 07917 087560 or email the team at [gwccg.info@nhs.net](mailto:gwccg.info@nhs.net)

For more information, contact Jo Lang, Deputy Head of Communications, Surrey Heartlands CCGs. Email: [jo.lang@nhs.net](mailto:jo.lang@nhs.net). Telephone: 01483 405426.